

FLEX YOUR
WORKOUT
OPTIONS:

Health First

PUMP
IRON?

Health First

ZEN OUT?

Health First

FLEX YOUR LOCATIONS

MELBOURNE

MELBOURNE MERRITT ISLAND

MELBOURNE MERRITT ISLAND PALM BAY

AND NOW
VIERA
Opening this Fall

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With 68,000 sq. ft.
of workout
choices in Viera,
you decide!

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Health First BE FIT FOR LIFE WITH

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VIERA

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